

### Wednesday, February 9, 2022

An Olympian in training will tell you the battle is not with the body but with the mind. Mental preparation, more than physical exercise, is the key to victory. In the same way, estate planning is never about the things you have, although they all are mentioned. Estate planning is always about the values and people important to you.

Estate planning helps you choose how to provide for those people and causes you cherish. The things you own or control are simply tools available to you to help you accomplish that. For example:

- When you no longer need your house, who do you want to receive it?
- What family member(s) need you now and will need you in the future?
- Who would be the best steward of your baseball card collection, jewelry or class ring?
- Do you have any assets that can be changed from tax-burdened to taxbeneficial?

Call or email us for our FREE tools and Estate Planning guide. It will help you prepare your plans. We can't run the race for you, but we have helped others train and complete their plans, and we can make it easy and rewarding for you. You can finish your life's Olympic race with grace, poise and satisfaction, and we are here to help.

For more information and our step-by-step estate planning guide please give us a call at 718-965-7375 x1616 or reply to this e-mail. To help ensure your will and estate plan reflects your desires, you may also view some helpful videos on our planned giving website –www.cfbqlegacy.org.

This information is educational in nature. It is not offering professional tax, legal, or accounting advice. For specific advice about the effect of any planning concept on your tax or financial situation or with your estate, please consult a qualified professional advisor.







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## PERSONAL PLANNER

#### 'Wait A While' Trust

Bill and Clara were talking to their attorney Susan about their family.

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## Recognizing Signs of a Mini-Stroke and How to Act

How can a person know if they have had a minor stroke? My 72-year-old parent had a situation a few weeks ago where they suddenly felt dizzy and had trouble walking and speaking. However, the



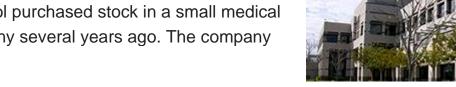
symptoms have now subsided and they appear to have returned to...

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Gene and Carol purchased stock in a small medical service company several years ago. The company has done well.



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## **WASHINGTON NEWS**

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Mortgage Rates Remain Unchanged



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## FREE ESTATE PLANNING GUIDE

It's never too late to plan for the people and causes you care about. Our easy-to-use estate planning guide can help you gather the information you need before meeting with your attorney.



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Use our online calculator to view the tax and income benefits of making a gift to support our cause. This can help you determine the best plan to meet your needs and goals.



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Catholic Foundation for Brooklyn and Queens, 243 Prospect Park West, Brooklyn, NY 11215

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